



Would you like help reaching your educational goals or planning a career in the United States?

Sign up for the RIS Mentoring Program!



Refugee & Immigration Services

80 Sherman Street
Portland, ME 04101
T. (207) 871-7437
F. (207) 871-7465

27 Pine Street
Lewiston, ME 04240
T. (207) 344-6615
F. (207) 344-6617
RISinfo@ccmaine.org

RefugeeImmigrationServicesCCM.org



RIS Mentoring Program

FOR MENTEEES

Helping refugee and asylee adults reach their educational and professional goals

What is a mentor?

A mentor is a caring and supportive person from the community who can help you to:

- Set academic and professional goals and plan activities to accomplish them
- Build confidence, familiarity, and connections in a new community

How does the RIS Mentoring program work?

The RIS Mentoring Program Coordinator matches refugee and asylee adults with professionals from the Portland community who have similar interests, skills, and schedules.

Mentors and mentees meet for two hours a week for six months at any public location and time that fits their schedule.



Activities or topics of interest may include:

- Homework and English
- High school diploma and GED
- College applications
- Computer skills
- U.S. work culture
- Interviewing skills
- Professional networking
- Re-credentialing foreign degree
- Enjoying time together



To be eligible you must:

- Speak conversational English
- Be a client of Catholic Charities Refugee and Immigration Services in the past 5 years
- Agree to a minimum 6 month commitment to the program
- Commit to spending two hours a week with a mentor
- Communicate with the mentor weekly

How to apply:

- Contact the RIS Mentoring Program Coordinator to fill out an application
- Have an in-person interview

To find out more about the RIS Mentoring program, please contact:

Hamet Ly
Mentoring Program Coordinator

(207) 493-8913
hly@ccmaine.org