

Would you like help reaching your educational goals or planning a career in the United States?

Sign up for the RIS Mentoring Program!



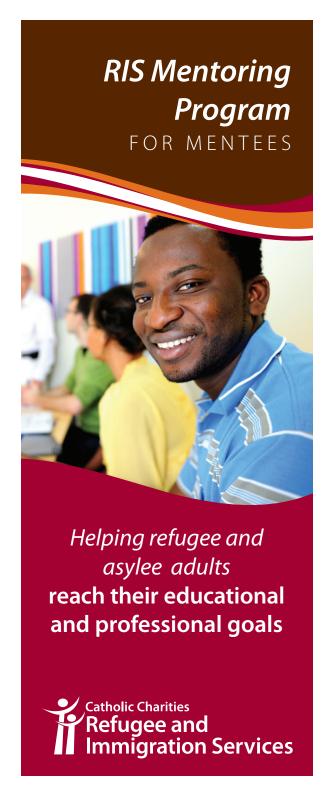
Refugee & Immigration Services

80 Sherman Street Portland, ME 04101 T. (207) 871-7437 F. (207) 871-7465

27 Pine Street Lewiston, ME 04240 T. (207) 344-6615 F. (207) 344-6617 RISinfo@ccmaine.org

Refugeel mmigration Services CCM. org





What is a mentor?

A mentor is a caring and supportive person from the community who can help you to:

- Set academic and professional goals and plan activities to accomplish them
- Build confidence, familiarity, and connections in a new community

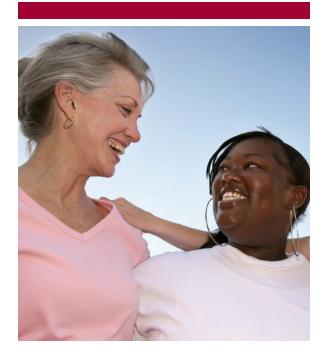
How does the RIS Mentoring program work?

The RIS Mentoring Program Coordinator matches refugee and asylee adults with professionals from the Portland community who have similar interests, skills, and schedules.

Mentors and mentees meet for two hours a week for six months at any public location and time that fits their schedule.

Activities or topics of interest may include:

- Homework and English
- High school diploma and GED
- College applications
- Computer skills
- U.S. work culture
- Interviewing skills
- Professional networking
- Re-credentialing foreign degree
- Enjoying time together



To find out more about the RIS Mentoring program, please contact:

Hamet Ly

Mentoring Program Coordinator

(207) 493-8913 hly@ccmaine.org



To be eligible you must:

- Speak conversational English
- Be a client of Catholic Charities
 Refugee and Immigration
 Services in the past 5 years
- Agree to a minimum 6 month commitment to the program
- Commit to spending two hours a week with a mentor
- Communicate with the mentor weekly

How to apply:

- Contact the RIS Mentoring Program
 Coordinator to fill out an application
- Have an in-person interview